Name	Date
Author_	
Title_	

Spiritual

- 1. Using at least two resources, define spirituality and list the resources.
- 2. Discuss three main messages the author was intending to convey.
- 3. Did this book help you spiritually? Describe your answer.
- 4. Why did you choose to read this book? Did you find it interesting? Explain why or why not.
- 5. Do you think that you will use some of the ideas you read about in your book in your daily life? How will you use it?
- 6. Did you like this book? Why or why not?